



ADDICTION HEALTH SUMMIT 2018



2018 Agenda-at-a-glance

This agenda is current as of May 15, 2018 but is subject to change at anytime before the summit on June 7-9, 2018

Pre-Conference Policy Day – Thursday, June 7

- 🕒 11:00AM – 12:00PM Pre-Conference Lunch
Lunch will be provided for Pre-Conference Policy Day attendees.
- 🕒 11:00AM – 5:00PM Registration Check-in
- 🕒 11:00AM – 12:00PM Drug Court Panel
Speakers: Judge Judith D. Campbell, Michael Jewell, Dan Schafer
Moderator: John Symeonides, M.D.
- 🕒 2:30PM – 3:00PM Networking Break
- 🕒 3:00PM – 4:00PM Dreamland: America's Opiate Epidemic and How We Got Here
Keynote Speaker: Sam Quinones.
- 🕒 4:00PM – 5:00PM America's Opioid Crisis. Where Do We Go From Here?
Speaker: Ilene Robeck, MD
Following our conversations with Sam Quinones, this presentation on where things stand in 2018 related to America's Opioid Crisis. It will include a review of the current status of overdoses, overdose deaths and the growing concerns related to Fentanyl. It will also review current literature about the risks of developing opioid use disorder when cannabinoids are used regularly along with opioids. Broad based community solutions to improving treatment for OUD and increasing non-opioid options for pain care will also be discussed.
- 🕒 8:00PM – 9:00PM Open 12-Step Meeting

Summit Day 1 – Friday, June 8 | Science Day

- 🕒 7:00AM – 8:00AM Early Bird AA Meeting and Al-Anon Meetings
- 🕒 7:30AM – 8:30AM Breakfast
- 🕒 7:30AM – 4:30PM Registration Check-in
- 🕒 8:00AM – 8:30AM Newcomer's Eye Opener

🕒 8:30AM - 10:00AM

Best Practices: Understanding Why and How to Access and Treat Co-occurring Disorders: Sex and Drugs

Keynote Speaker: Robert Weiss, LCSW, CSAT-S

Human sexuality, intimacy and romance are among the most profoundly meaningful and driving forces in all our lives. Whether considering communal, family and friendship focused intimacies or romantic sexual encounters, nothing is more predictive about the overall success of our physical and emotional lives than the success of our relationships. And yet, when clients come into addiction and mental health treatment, how often do our clinical assessments, questions and even the framing of clinical disorders, tend to avoid asking about the sex itself? Why is it that mental health and addiction professionals often have (for example) no problem openly discussing a patient's childhood sexual trauma, but seem less comfortable exploring similar issues related to their adult sexuality and intimate relationships? This goal of this talk is to examine how we can improve overall clinical care and clinical outcomes by clearly and openly assessing for sexual 'issues' at the start of any treatment, especially if we wish to reduce recidivism among drug addicts and other emotionally challenged populations. If we are more purposeful and adept at assessing for sexual issues in treatment, doesn't that imply we will be better able to capture potential situations where our clients will relapse (in various forms) related to sex? Let's talk about it.

🕒 10:00AM - 12:00PM

12 Step Workshop

This session provides an opportunity to learn more about how to work the steps in your life and with others. This workshop will be led by members of Florida Medical Professionals Group (FMPG).

🕒 10:00AM – 10:15AM

Refreshment Break

🕒 10:15AM - 11:15AM

Treating Pain in Patients with OUD. Addiction Treatment and Pain Care Go Hand in Hand

Speaker: Ilene Robeck, MD

As we make the transition from a biomedical, opioid based, approach to pain to a whole person, biopsychosocial approach to pain for all patients understanding the approach to pain care for patients with OUD becomes easier. However, there remain some important concepts that will aid clinicians when reviewing pain care options in patients with OUD on MAT that can provide guidance before deciding upon which MAT therapy is best and to help during therapy when pain is a concern.

🕒 11:15AM - 12:15PM

Non Opioid Treatment for Pain and Addiction

Speaker: Michael J. Baron, MD, MPH, FASAM

The audience members will learn about non-opioid analgesic techniques to manage acute and chronic pain. The etiology and current phase of the opioid overdose epidemic will be briefly explored. Mis-prescribing will be explained as will the 10 Dees that lead to mis-prescribing and potential regulatory problems for the provider. The characteristics of the drug seeking patient will be identified.

🕒 12:30PM - 2:00PM

Al-Anon Luncheon

🕒 2:00PM - 3:00PM

Promoting Medication Assisted Treatment for Opioid Use Disorders

Speaker: Jason Fields, M.D.

We are clearly in the wake of an opioid crisis creating much morbidity and mortality in Florida and across the nation. This workshop will address the options available to patients for medication assisted treatment, including agonist and antagonist therapies. On a statewide and national level there is a call for funding for more access to these efficacious treatments for opioid use disorders, but there remains challenges which this workshop will address, including overcoming stigma with MAT, polarization of MAT options among community treatment centers and insurance-based companies, insurance payment obstacles with MAT, and addressing chronic pain in MAT patients.

🕒 3:00PM - 3:30PM

Refreshment Break

🕒 3:30PM - 4:30PM

Medical THC: Risks and Benefits

Speaker: Scott Teitelbaum, MD, FAAP, DFASAM

To discuss the history of medical use of the cannabis plant and the legal and psycho-social climate surrounding the use of medical marijuana as well as a thorough review of current literature of medical cannabinoids.

🕒 4:30PM - 5:15PM

FSAM Board Meeting

🕒 5:15PM - 6:00PM

FMPG Board Meeting

🕒 8:00PM - 9:00PM

Open 12-Step Meeting

Summit Day 2 – Saturday, June 9 | Recovery Day

🕒 7:00AM – 8:00AM

Early Bird AA Meeting and Al-Anon Meetings

🕒 7:30AM – 8:30AM

Breakfast

🕒 8:30AM - 10:00AM

Sex Addiction 101: Understanding Long Term Recovery

Keynote Speaker: Robert Weiss, LCSW, CSAT-S

The word sobriety is well understood by most recovering for most drug addicts and alcoholics. In the world of Substance Use Disorders, sobriety means no mood-altering substances period. Again, the concept of sobriety seems nearly as clear when dealing with certain behavioral addictions as well, take gambling addicts for example. If you are a compulsive gambler, sobriety means: no fantasy football, no accruing unsecured debt, no stock market, no casino's etc. But happens when naturally occurring functions like food and sex run off the rails? Can one have 'perfect sobriety' in the area of food addictions or sexual compulsivity? After all, eating and sex are healthy parts of being human, therefore those challenged in these arenas must seek and learn balance and healthy choices (more like harm reduction), rather than elimination. This talk seeks to explore and explain healthy, long-term sobriety and healing from compulsive and addictive sexual behavior. We will discuss the long-term effects of active sex addiction and its origins, while engaging in a deeper exploration of how healthy sex, relationships and intimacy can be evolved, embraced and maintained by sex and love addicts.

🕒 10:00AM – 10:15AM

Break

🕒 10:00AM – 12:00PM

PRN Facilitator Meeting (Pre-registration Required)

🕒 10:15AM - 11:15AM

Recovery Capital: What Is It and Why Do You Need It?

Speaker: Wendy Coughlin, PH.D.

Recovery is much more than abstinence from addictive behavior. Recovery involves recovering what was lost (or would otherwise be attained) to enhance the quality of life in sobriety. A life which optimizes opportunities requires a significant amount of recovery capital. Learn what we mean by "recovery capital" and how you can improve your physical, emotional, and spiritual wellbeing.

🕒 11:15AM - 12:15PM

Reducing Stigma with Collegiate Recovery Communities

Speaker: Brett Watson

An introduction to the Collegiate Recovery Community movement and its impact on stigma reduction on campuses.

🕒 12:15PM - 2:00PM

Newcomer Luncheon

Join us for the Annual Newcomers' Banquet and presentation of the Butcher Award.

All Full Summit attendees are invited to attend. Guest tickets available.

🕒 2:00PM - 4:00PM

PRN Participant Meeting

Invitation Required. RSVP to tish@flprn.org